04Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

| Name of entity Estia Health Limited | |
|-------------------------------------|--|
| ABN 37 160 986 201 | |

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

| Name of Director | lan Thorley |
|---------------------|---------------|
| Date of last notice | 30 March 2020 |

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

| Direct or indirect interest | Direct and indirect | |
|---|--|--|
| Nature of indirect interest | Thorne Investments Pty Ltd | |
| (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. | ATF Thorley Superannuation Fund | |
| | Mr Thorley is a director of Thorne Investments Pty Ltd and a beneficiary of the superannuation fund. | |
| Date of change | 11 September 2020 | |
| No. of securities held prior to change | Direct: | |
| | 84,689 fully paid ordinary shares | |
| | 567,234 long term performance rights | |
| | Indirect: | |
| | 53,312 fully paid ordinary shares | |
| Class | Long term performance rights | |

⁺ See chapter 19 for defined terms.

| Number acquired | Nil |
|---|--|
| Number disposed | 100, 318 long term performance rights |
| Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation | Nil |
| No. of securities held after change | Direct: 84,689 fully paid ordinary shares 466,916 long term performance rights Indirect: 53,312 fully paid ordinary shares |
| Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back | Lapse of long term performance rights |

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

| Detail of contract | Not applicable |
|--|-----------------|
| Betain or contract | Tvot applicable |
| Nature of interest | |
| Name of registered holder | |
| (if issued securities) | |
| Date of change | |
| No. and class of securities to which | |
| interest related prior to change | |
| Note: Details are only required for a contract in relation to which the interest has changed | |
| Interest acquired | |
| Interest disposed | |
| Value/Consideration | |
| Note: If consideration is non-cash, provide details and an estimated valuation | |
| Interest after change | |

⁺ See chapter 19 for defined terms.

Part 3 - +Closed period

| Were the interests in the securities or contracts detailed above traded during a ⁺ closed period where prior written | No |
|---|----|
| clearance was required? | |
| If so, was prior written clearance provided to allow the trade to proceed during this period? | |
| If prior written clearance was provided, on what date was this provided? | |

Date of Notice: 14 September 2020

⁺ See chapter 19 for defined terms.