Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity Estia Health Limited
ABN 37 160 986 201

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Norah Barlow
Date of last notice	09 March 2020

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct and Indirect	
Nature of indirect interest	Robert Noel Barlow and Norah Kathleen	
(including registered holder)	Barlow as trustees for The Kensington	
Note: Provide details of the circumstances giving rise to the relevant interest.	Trust	
Date of change	11 September 2020	
No. of securities held prior to change	Direct	
•	326,621 Performance Rights	
	Indirect	
	129,474 Ordinary Shares	
Class	Performance Rights	
Number acquired	Nil	
Number disposed	222,738	
Value/Consideration	Nil	
Note: If consideration is non-cash, provide details and estimated valuation		

⁺ See chapter 19 for defined terms.

No. of securities held after change	Direct 103,883 Performance Rights Indirect 129,474 Ordinary Shares
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Lapse of FY18 LTIs.

Part 2 - Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	Not applicable
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change	
Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

Part 3 - +Closed period

Were the interests in the securities or contracts detailed	No
above traded during a +closed period where prior written	
clearance was required?	
If so, was prior written clearance provided to allow the	
trade to proceed during this period?	
If prior written clearance was provided, on what date was	
this provided?	

Date of Notice: 14 September 2020

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⁺ See chapter 19 for defined terms.